



What does a pension coach provide?

- New **perspectives** before and after retirement
- **Support** from personal experience
- Concrete **information** and ideas

Retirement – now what?

Retirement is often longed for, but is sometimes also associated with a little uncertainty. It is an important chapter in one's life that one should consider in good time:

How do I want to live? What do I still want to do? What does my financial, residential, social, private situation look like?

Are you about to retire and need orientation or are you looking for ideas to find your new role with all your potential and resources?

Is it important for your organisation/company to offer your employees the opportunity to prepare the transition from active work life to the post-working phase of life as best as possible?

Then a pension coach can be of help to you! Trained retirement volunteers regularly give conferences and workshops on preparing for retirement:

- They provide concrete information and assistance on how best to prepare for or manage retirement.
- They are speaking from their own experience, providing the necessary comprehension and showing new perspectives.
- They do not give financial/legal psychological support, but they can refer to other support services if needed.
- On request, they will organise conferences and workshops in companies, organisations and associations.
- Individual appointments can also be arranged if necessary.

Further information

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Upcoming conferences will be announced on

gero.lu

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